



## H. G. M. AZAM COLLEGE OF EDUCATION, PUNE

organizes

National Webinar on

# Nurturing Students' Social and Emotional Skills

on Wednesday, 21st May 2025



Convener

Dr. Anita Belapurkar

Dean & Principal, H.G.M. Azam College of Education (9823676857)

Prof. Dr. Madhuri Yadav (8149150251)

Asst. Prof. Dr. Poonam Sonawane (9673600393)

#### - RESOURCE PERSON ·



#### DR. NEELU GHOSH

Principal, D.D. Choksi College of Secondary Education, Palanpur, Gujarat



#### DR. PRAMOD DINAKAR

Associate Professor and Head, School of Ethics Governance Culture and Social Systems, Chinmaya Vishwa Vidyapeeth Deemed to be University, Ernakulam, Kerala



#### DR. DHANASHREE SOWANI

Assistant Professor and Head of Academic Section, Jnana Prabodhini's Institute of Psychology, Pune

#### SCHEDULE

Timing	Session
11:00 a.m. to 11:15 a.m.	Inauguration of the webinar
11:15 a.m. to 12:00 p.m.	Key notes address by Dr. Neelu Ghosh
12.00 p.m 1.15 p.m.	Session 1: Emotional Wellbeing in students -
	Challenges and the Way forward
	Resource Person: Dr. Dhanashree Sowani
1.15 p.m 2.30 p.m.	Session 2: Strengthening Social Skills in
	students- Overcoming barriers for a Supportive
	School Environment
	Resource Person: Dr. Pramod Dinakar

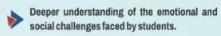
#### · REGISTRATION DETAILS ·

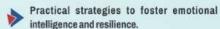
- Registration Link : https://forms.gle/r4i71rkmJMLr725j9
- \* Registration Fee: Rs. 200/-
- Bank Details: The Muslim Co-Op. Bank Ltd. Pune
- A/C Name: MCES Dr. PAI University H.G.M. Azam College of Education
- ► A/C Number: 001911001000863
- \* IFSC Code: MSLM0000019

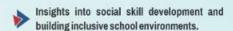
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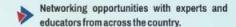
Prof. Dr. Madhuri Yadav +91-8149 150 251

#### · KEY TAKEAWAYS ·









#### · OUR PATRONS ·



#### DR. P.A. INAMDAR Chancellor- Dr. P. A. Inamder University, Pun

MRS. ABEDA INAMDAR
Vice-President



### PROF. IRFAN SHAIKH

Secretary Maharashtra Cosmopolitan Education Society

PROF. MUZAFFAR SHAIKH
Treasurer
Mahierashira Cosmopolitan Education Society



DR. ANITA BELAPURKAR
Dean 8 Principal- Dr. P.A. Inamidar University
H.G.M. Azam College of Education, Pane

#### · EVENT COORDINATOR ·

PROF. DR. MADHURI YADAV

EVENT CO-COORDINATOR

ASST. PROF. DR. POONAM SONAWANE

#### · ABOUT M.C.E. SOCIETY ·

Maharashtra Cosmopolitan Education Society (MCES), was established in the year 1948 by Late Mr. Abdul Kadir Khan and others, with an objective of providing education to the economically, educationally and socially weaker sections of the society.

The M.C.E. Society is one of the oldest educational organizations of Pune & has done pioneering work in the field of education. Within a span of 15 years the M.C.E. Society from a humble beginning of 4 schools has been transformed into an educational complex of higher, medical, technical and professional academic institutions in the field of Arts, Science, Commerce, Computer Science, Law, Education, Pharmacy, Management Sciences, Architecture, Dental Sciences, Hospitality Studies & Information Technology.

#### ◆ABOUT DR. P.A. INAMDAR UNIVERSITY

Dr. P.A. Inamdar University, Pune (DRPAIU) is a private self-financed university located at Azam Campus, Pune. The University has been established under Act 2022 (Mah. Act No XXXVII of 2022 dated 13th May 2022) under the aegis of Maharashtra Cosmopolitan Education Society, Pune and has commenced its operations in September 2022.

DRPAIU began its functioning with five Constituent colleges i.e., HGM Azam College of Education, Allana College of Pharmacy, Allana Institute of Management Sciences, Allana College of Architecture, Allana Institute of Information Technology. All the five Constituent Colleges of Dr. P.A. Inamdar University, Pune are very well known and widely acclaimed in the field of Education, Pharmacy, Management, Architecture, and Information Technology. The Constituent colleges are duly accredited by NRAINACC.

DRPAIU is driven by the vision to benefit the society through the transformative impact of education and research. The University strives hard to make its own impact by offering education that stimulates, challenges and fulfils our students, leading to meaningful careers and skills that can make profound contributions to society and to ensure that they become responsible citizens who will regard and respect the humanity at large.

#### ◆ABOUT H.G.M. AZAM COLLEGE OF EDUCATION •

M.C.E. Society's Dr. P.A. Inamdar University H.G.M. Azam College of Education, a constituent college of Dr. P.A. Inamdar University is proud to be an integral part of the picturesque Educational Complex of Azam Campus. The college of education was established in the year 1993 approved by NCTE, Delhi with B.Ed. (Bachelor of Education).College has

started M.Ed. program in the year 2006, B.A.B.Ed. 4 years integrated program in 2011-12, M.Phil. (Education) in 2012, Ph.D. (Education) in the year 2016, and B.Sc.B.Ed. 4 years integrated program in the year 2018.

H.G.M. Azam College is one of the renowned college in Pune. The college plays a crucial role in enriching the personalities of our student teachers by providing them with opportunities for overall development and equip them to fulfill their responsibilities. The college propagates academic, religious, spiritual, social and economic development in its students through various activities organized in the college.

The Motto of the college is

#### 'EDUCATE TO INTEGRATE, INNOVATE AND LIBERATE.'

The thread of the growth of society depends upon the quality of education that is being imparted. The better the quality, the better people can learn and utilize that education to make reforms that lead to research and development. The society is an amalgamation of various cultures, religions and strata and thus integration of these different forces is essential for a liberated society.

#### · ABOUT THE WEBINAR ·

In today's fast-paced and digitally influenced world, students face increasing challenges in their emotional well-being and social interactions. The ability to manage emotions, build healthy relationships, and develop resilience is crucial for their overall success and well-being.

This national webinar aims to bring together experts, educators, and stakeholders to discuss key issues and strategies in nurturing students' social and emotional skills. The discussions will focus on both the emotional and social aspects of student development, highlighting practical solutions to the challenges faced in educational institutions.

#### Themes of Discussion

#### 1) Emotional Well-being in Students - Challenges 8 the Way Forward

- Addressing stress, anxiety, and mental health concerns among students.
- The role of mindfulness and resilience in fostering emotional wellbeing.
- Strategies for integrating emotional intelligence into the education system.

#### Strengthening Social Skills in Students – Overcoming Barriers for a Supportive School Environment

- · Tackling bullying, peer pressure, and social inclusion challenges.
- The role of teachers, parents, and administrators in shaping students' social behaviour.
- . Best practices for creating a positive and inclusive school environment.

#### OBJECTIVES OF THE WEBINAR.

- To explore the emotional challenges faced by students, including stress, anxiety, and mental health stigma.
- To discuss the impact of digital influences, peer pressure, and academic stress on students' emotional well-being.
- To highlight the role of mindfulness, resilience, and emotional intelligence in fostering student well-being.
- To provide practical strategies for educators and counsellors to support students' emotional development in schools.
- To examine the importance of social skills in student development, including communication, empathy, and collaboration.
- To identify the challenges posed by bullying, peer pressure, and cultural barriers in student interactions.
- To discuss the role of teachers, parents, and school policies in fostering a positive and inclusive social environment.
- To share best practices and interventions for promoting healthy peer relationships and a supportive school culture.

#### ·WHO SHOULD ATTEND·

This national webinar will benefit a wide range of stakeholders involved in student development, including:

- Students- Gain insights into emotional well-being, stress management, and social skills to navigate peer relationships effectively.
- Teachers & Educators— Learn practical strategies to integrate Social-Emotional Learning (SEL) into classrooms and support student well-being.
- School Counsellors & Psychologists Enhance their approaches
  to addressing student mental health challenges, resilience, and
  emotional intelligence.
- School Administrators & Principals

   Understand how to create
  policies and school environments that foster emotional and social
  development.
- Parents & Guardians Learn the importance of emotional intelligence and social skills in children and how to support them at home.
- Education Policymakers & Researchers
   — Explore data-driven insights on SEL implementation and the systemic challenges in nurturing students' emotional and social skills.
- NGOs & Organizations focused on Child Development
   Benefit
  from discussions on social inclusion, mental health awareness, and
  anti-bullying interventions.